

# 30-Day Healthy Diet Challenge

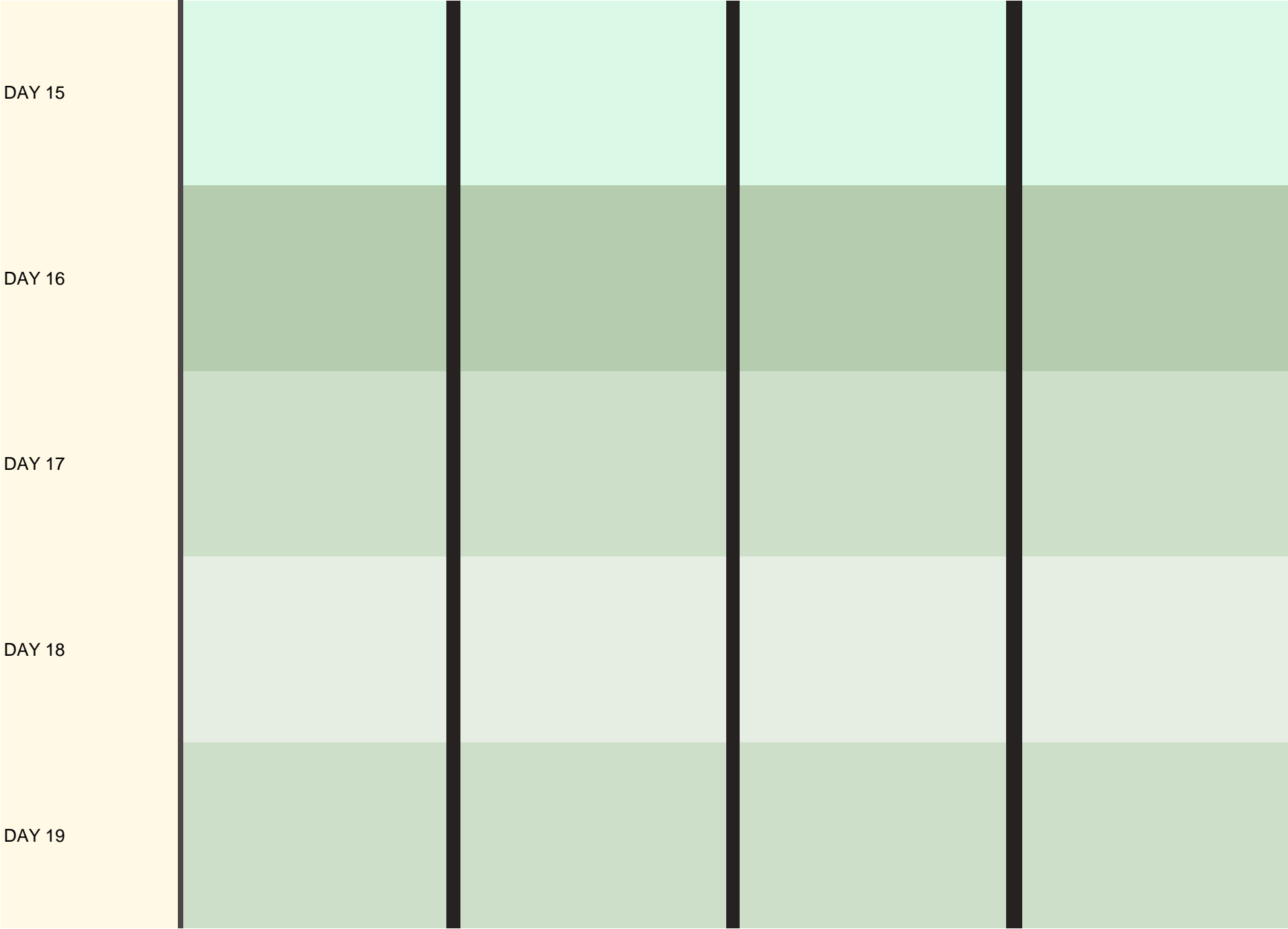
	BREAKFAST	LUNCH	DINNER	SNACK
DAY 1				
DAY 2				
DAY 3				
DAY 4				

DAY 5				
DAY 6				
DAY 7				
DAY 8				
DAY 9				

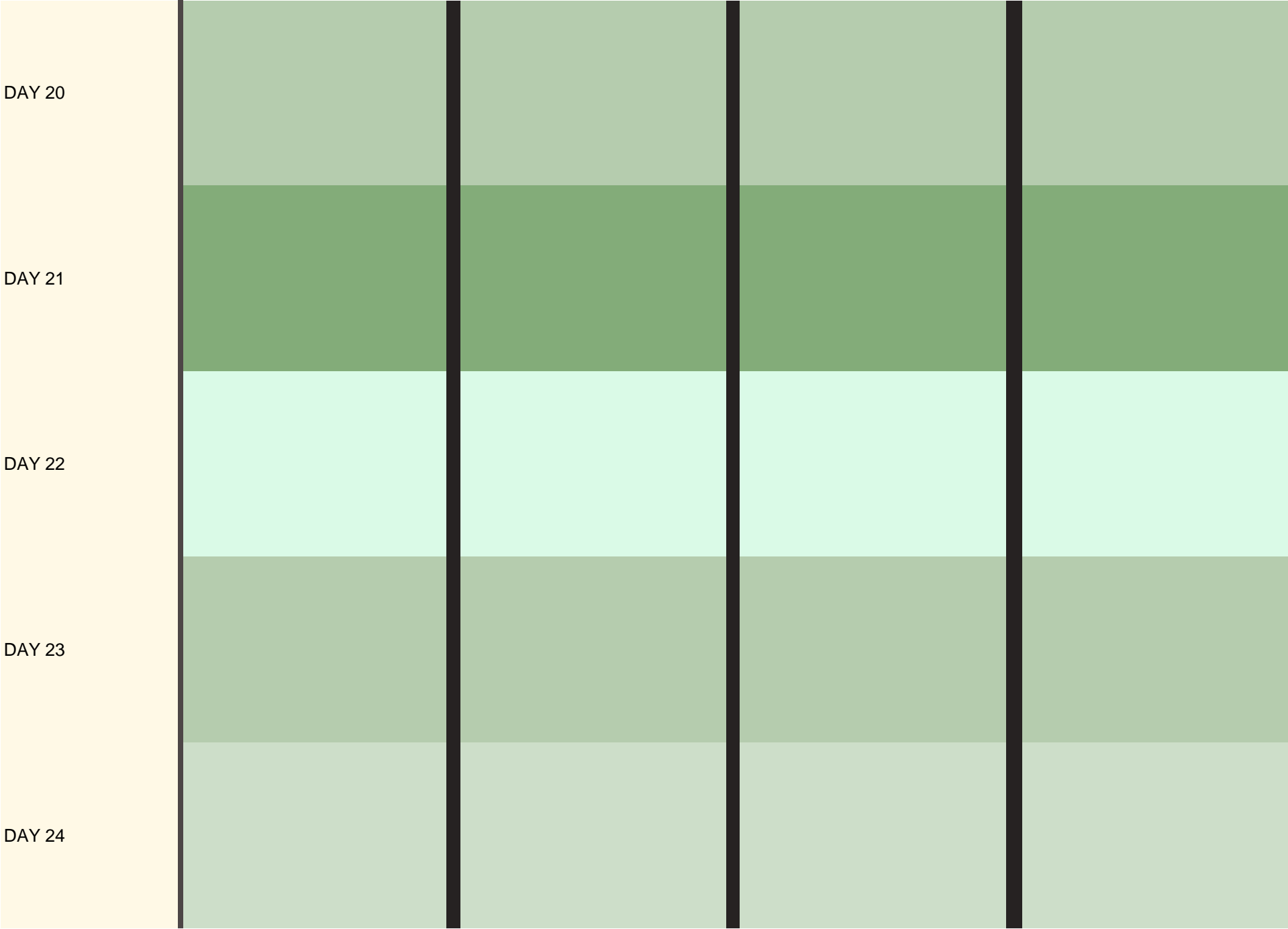
Learn more at <http://challengeaddict.com/30-day-healthy-diet-challenge/>

DAY 10				
DAY 11				
DAY 12				
DAY 13				
DAY 14				

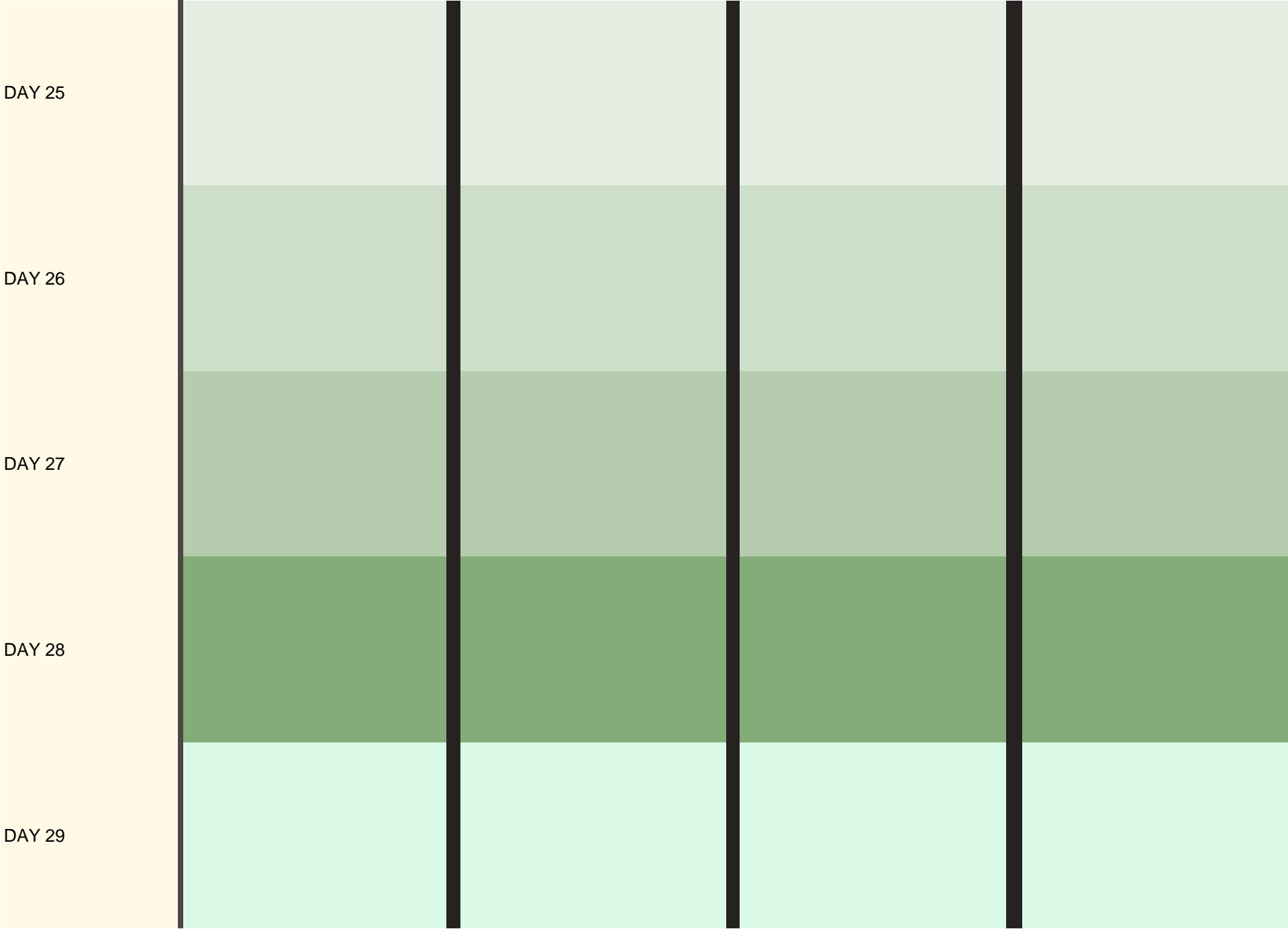
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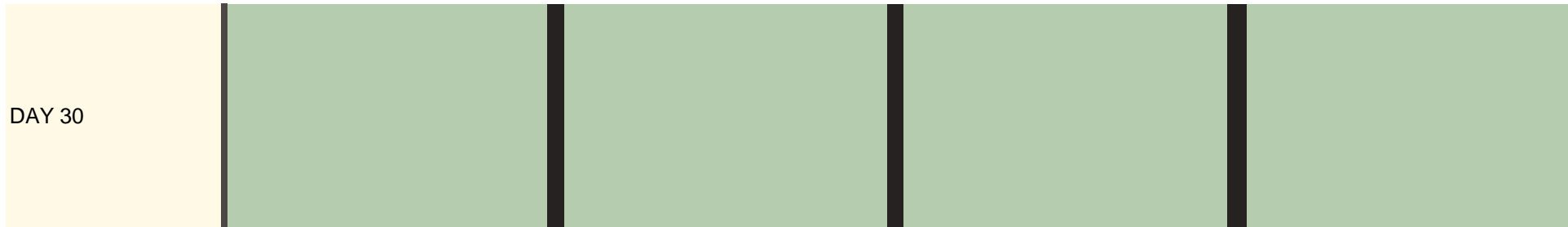
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DAY 30

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